



Nebo School District in partnership with Spanish Fork City presents a virtual

Love and Logic Virtual Parenting Workshop

"There's a lot of advice out there on how to raise your kids—some better than others. "Love and Logic" is a favorite of therapists, family life educators, teachers, principles and most importantly parents. It is practical, easy to learn and really effective! Come and enjoy this fun, upbeat and informative workshop full of useful tips!"

—Jonathan Sherman, LMFT, Family Therapist and Parent Educator

Where: Online: via Zoom

Dates: Mondays- Jan 24, Jan 31, Feb 7 (all three for the full course)

Time: 6:30-8:00 pm

Cost: provided Free by Nebo School District in Partnership with Spanish Fork City.

Manuals are \$12 each and can be purchased with card, cash or check made out to Nebo School District. They are available at the Nebo School District Office in Student Services (top floor, south entrance)

This class will be capped at 50 participants. To sign up; email aubree.judkins@nebo.edu with your:

- Name
- Email (this is where the Zoom link will be sent for the class)
- The Nebo District school your student(s) attends

The meeting ID and password will be emailed to you a few days before the class begins.